

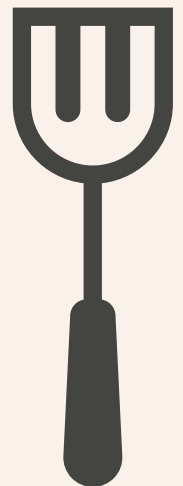
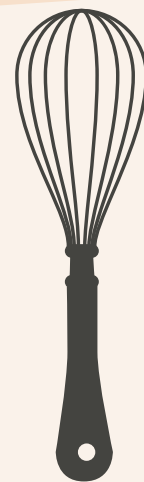
Big Mac Salad

• FOR THE SALAD

- 1 LB GROUND BEEF
- 2 HEADS OF ICEBERG LETTUCE, CHOPPED
- 1 CUP DICED DILL PICKLES
- 1 CUP DICED RED ONION
- 1 CUP DICED TOMATO (I DON'T ADD THEM)
- 1 CUP SHREDDED CHEESE
- BIG MAC SAUCE (SEE RECIPE BELOW)

• FOR THE SECRET SAUCE

- 1/2 CUP MAYONNAISE OR PLAIN GREEK YOGURT IF YOU WANT HIGHER PROTEIN
- 2 TABLESPOONS OF KETCHUP, YOU CAN USE SUGAR FREE
- 1 TABLESPOON YELLOW MUSTARD
- 2 TABLESPOONS PICKLE RELISH
- 2 TABLESPOONS WHITE VINEGAR OR APPLE CIDER VINEGAR
- 1/2 TEASPOON ONION POWDER
- 1/2 TEASPOON GARLIC POWDER
- 1/2 TEASPOON PAPRIKA



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