

Cauliflower Taco Bowl

Ingredients

1 pound (16-ounces) ground beef,
turkey or chicken
1 taco seasoning packet
1 bag riced cauliflower
1 brick of goat cheese or cream
cheese
Your favorite taco mix ins
bell pepper
Jalapeno
diced tomato
Green onion for topping

Sriracha Creama

2 tablespoons Sriracha
½ cup sour cream or plain Greek
yogurt
1 tablespoon agave nectar or honey

Instructions

Cook your meat with the taco
seasoning until fully cooked
Set the meat aside
In the same pan add your
cauliflower rice and goat cheese or
cream cheese
Add in your favorite mix ins, I did
bell pepper, jalapeño and diced
tomato
Once that is cooked and all melted
add it to your bowl and top with
your meat, sriracha creama and
diced green onions
ENJOY!

