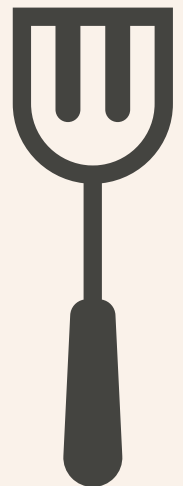
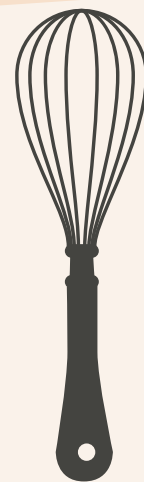


Broccoli & Cauliflower

- **IN A BOWL COMBINE**
- 1/3 CUP OLIVE OIL
- 2 TABLESPOONS MINCED GARLIC
- 1 TEASPOON CHILI FLAKES
- 1 TEASPOON ITALIAN SEASONING
- 1 TEASPOON PAPRIKA
- 1 TEASPOON GARLIC POWDER
- JUICE OF ONE LEMON
- 1 CUP GRATED PARMESAN

- **MIX IN**
- HALF A HEAD OF BROCCOLI, CUT INTO FLORETS
- HALF A HEAD OF CAULIFLOWER CUT INTO FLORETS

- BAKE AT 375 FOR 25 TO 30 MINUTES
- THEN BROIL FOR TWO MINUTES
- TOP WITH A LITTLE MORE LEMON AND SERVE
- ENJOY!



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